



MCA Summer Camp

Are your kids bored over break?

Send them to Summer Camp to keep their body moving!

Daily Activities

8:00am Game Time
8:30am Group Activity
9:30am 1st Rotation
10:00am 2nd Rotation
10:30am Snack Break
11:00am Group Activity
12:00pm Lunch
12:30pm Relax Time
1:00pm 3rd Rotation
1:30pm 4th Rotation
2:00pm Group Activity
3:00pm Dismissal



Ages: Kindergarten and Up

Fee: \$45.00 per day

Dates:

July 8th, July 15rd, July 22th, July 29th, August 5th, August 12th, August 19th

Late pick ups will be charged \$20 per 1/2 hour. No early drop off

Come join us for a fun-filled day of gymnastics and games!

Send your child with a **BIG** water bottle, and lunch. Snack will be provided.

Please also have your gymnast bring something quiet to do after lunch. A book to read for 30 minutes would be great! Other suggestions: a game to share, cards, or coloring books. We would like them to have a little bit of down time to let their stomach rest. Afternoon snack will be provided.

*** MUST REGISTER IN ADVANCE ***

Parent's Name: _____

Youth's Name: _____

Address: _____

Phone Number: _____

Email Address: _____

Pre-register: _____

Date(s)

Contact Information:

MCA Gymnastics
7820 Caswell Rd
Byron, NY 14422
585-409-1882